

# 19-20 years old? Get FREE health services!

Comm. 457 (5/14)



Iowa Health and Wellness Plan members ages 19 and 20 have an opportunity to take advantage of free medical and dental care. These benefits are beyond regular Iowa Health and Wellness Plan coverage and are made possible through the Early and Periodic Screening Diagnosis and Treatment program. Because you are age 20 or younger, your coverage is automatic.

The Early and Periodic Screening Diagnosis and Treatment (EPSDT) exams are available to you and can include:

- Physical checkup
- Vision checkups and eyeglasses
- Hearing checkups and hearing aids
- Dental checkups and treatment
- Information about birth control
- Immunizations (shots)
- Information about diet and development

Some benefits will end once you become 21 years of age.



# Questions?



Help is available if you have any questions about:

- Finding a doctor or dentist
- Making an appointment
- Getting a ride
- Changing a doctors appointment

Call 1-800-369-2229 (voice) or  
1-800-735-2942 (TTY)

To learn more about EPSDT exams,  
visit <http://www.iowaepsdt.org/>.

*Para solicitar este documento en español,  
comuníquese con Servicios al Afiliado al  
teléfono 1-800-338-8366, de lunes a viernes  
desde las 8:00 a.m. hasta las 5:00 p.m.*

