

# Parenting the Nurturing Way



Linking Families and Communities is now accepting registrations for Parenting the Nurturing Way Workshops. This program is designed to build strong, healthy bonds between parents and children. Lessons are tailored to meet the needs of parents attending the workshop.

## During this 6 session series, parents will learn:

- Appropriate developmental expectations.
- Effective behavior management techniques.
- Successful ways to meet the daily needs of your child.
- Healthy parent-child relationships
- How to raise your child in a nourishing environment that promotes self- worth & cooperation.

**You must attend all six classes of the session.**

***Classes are FREE!***

***Food and child care are provided!***

***Register soon....classes fill up fast!***

Return the registration form below to: Linking Families and Communities, 822 Central Avenue, Ste. 340, Fort Dodge, IA 50501, call 515-955-5437 or email: [mlentsch@linking-families.com](mailto:mlentsch@linking-families.com)

**Session 1**  
**Riverside Elementary - FDCSD**  
733 F Street, Fort Dodge  
October 11, 18, 25, November 1, 8 & 15  
5:30 -7:30 pm

**Session 2**  
**Pocahontas Area All Star-T**  
910 W Elm Street, Pocahontas  
October 8, 15, 22, 29 November 5 & 12  
5:30 -7:30 pm



**LINKING FAMILIES  
AND COMMUNITIES**

## PARENTING THE NURTURING WAY WORKSHOP REGISTRATION

Choose a session:    Session 1                      Session 2                      # of Adults Attending: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ List ages of children for which you need child care: \_\_\_\_\_